



THREE PEAKS BEST PRACTICE GUIDELINES – WASDALE

Welcome to Wasdale and Scafell Pike

To help you enjoy your visit please take note of the following:

- **Parking** - Follow the signs and park at Lake Head car park (GR NY 182 074) – open 24 hours with limited toilet facilities available. There's a charge for parking, with your fees contributing to the work of our National Trust upland rangers maintaining the main routes up Scafell Pike. **Do not park in passing places, Mountain rescue access points, private tracks or gateways, roadside verges or on the village green** – this leads to serious problems of access, litter, fouling and noise for residents and visitors.
- Please don't use laybys or passing places as a drop off/collection point as this causes significant congestion. Keep numbers of vehicles to a minimum. Coaches cannot drive to Wasdale Head.
- **Toilets** - Toilet facilities in the valley are limited - use alternative toilet facilities before you arrive.
- **Litter** – Simple, take it home!
- **Noise** - Please be considerate of the people who live here and staying on the campsite adjacent to the car park. Avoid anti-social hours - 2300 to 0700hrs, keep your voices down and switch your engines and headlights off!
- **Paths** - If you're climbing Scafell Pike from Lake Head during the early hours, please use the permissive path on the northern side of Lingmell gill to avoid Brackenclose climbing hut and disturbance to residents – turn left before the wooden bridge (GR NY 182 074). To minimise erosion please keep to paths, not the grass on their edges, and stagger start times to avoid congestion. The paths on Scafell Pike need approximately £750,000 to repair erosion on them. **Show you're a responsible three peaks participant** and make a donation to Fix the Fells (www.fixthefells.co.uk) to help us continue to maintain these paths for your enjoyment.

Help us to keep Wasdale a very special place for everyone to enjoy - it's increasingly popular, and more sustainable, to complete the challenge over three days rather than 24 hours. Why not stay a while, explore, enjoy the local hospitality, and get to know the place and the people.

For detailed Scafell Pike, Snowdon and Ben Nevis route guides, go to www.threepeakspartnership.co.uk